

Carter County Drug Prevention Fatherhood Support Program



WHAT IS THE PROBLEM?

- Youth without a highly involved father are at a greater risk of early substance use. Studies show that up to 75% of adolescents in substance abuse treatment come from fatherless homes.
- Involved fathers boost a child's security, self-esteem, and success in school and life. In contrast, father absence increases the risk of delinquency—85% of youth in prison come from fatherless homes and face a higher chance of incarceration as adults.
- Children with both an involved father and mother have better physical and mental health, stronger problem-solving skills, and greater confidence and empathy. They also develop more self-control and moral awareness. In contrast, fatherless children face higher rates of anxiety, depression, and suicide. Teens with engaged dads experience lower stress and fewer depressive symptoms.

WHAT CAN WE DO?

Our Fatherhood Reconnection Program focuses on supporting fathers in recovery as they navigate the challenges of reconnecting with their children after years of absence. We provide resources and activities that demonstrate the significant impact of consistency and the importance of simply being present in their children's lives.



- Weekly all-inclusive Dad Support Group for fathers to lean on one another, share experiences, and exchange advice
- Virtual Facebook support group
- Monthly Dad Hang Outs to promote engagement among dads and kid-free opportunities
- Monthly Family Dinner Night to encourage healthy dinner table interactions
- Monthly Family Field Trips to encourage community and education
- Monthly Sporting events for families of all ages
- Monthly parenting classes for moms and dads

CONTACT INFORMATION

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